

Acadia National Park

National Park Service
U.S. Department of the Interior



Ranger-led Programs
August 2012



"Hadlock Brook, Granite Ledge" - Phyllis Rees

Acadia National Park
P.O. Box 177, Bar Harbor, ME 04609

Information 207-288-3338
TTY 207-288-8800
Lost & Found 207-288-8791
acadia_information@nps.gov
www.nps.gov/acad

Emergency–Call 911

Program Reminders

Allow ample time to arrive safely. Parents must accompany all children and are responsible for their safety and behavior. Pets are not allowed on ranger-led programs.

- Programs with this symbol take place in accessible areas of the park.
- Programs with this symbol are active ways to have fun and get fit.
www.letsmove.gov
- Programs with this symbol are on the Island Explorer bus route.

Mondays	Tuesdays
9:00 Carriage Road Walk	8:45 Baker Island Cruise
9-2 Hawk Watch*	9-2 Hawk Watch*
9:00 Stream Team	9:30 Mountain Mysteries
9:30 Super Sand Sleuths	10-1 Carroll Homestead
10:00 Botany Basics	Open House
10:00 Islesford Scenic Cruise	10:00 Islesford Scenic Cruise
10:30 Secrets of the Summit	10:30 Secrets of the Summit
11:30 Cadillac Summit Walk	10:30 Touch Tank for kids
Varies Behind the Scenes	11:30 Cadillac Summit Walk
Varies Intertidal Investigation	Varies Tidepool School
2:00 Frenchman Bay Cruise	1:30 Dive-In Theater Cruise
2:00 The Missing Mansion	2:00 Frenchman Bay Cruise
2:00 Ocean Path Walk	2:00 Ocean Path Walk
2:00 Take a Hike	2:00 Touch Tank for kids
2:30 Animal Tales	2:30 Animal Tales
3:00 Wild Things	2:30 The French Connection
Varies Knowing the Night	3:00 Wild Things
8:30 Blackwoods Late Show	3:30 Découvrez Acadia!
	7:30 Blackwoods Early Show
	8:30 Seawall Late Show
	9:00 Stars Over Sand Beach

Program Schedule -
August

Safety Tips

Be careful out there—protect yourself and the park! Most accidents at Acadia occur while visitors are biking, hiking, exploring the shoreline, and driving. Keep these tips in mind to help ensure a safe visit to the park.

- Watch your step and wear sturdy shoes. Carry a map, first aid kit, flashlight, water, and appropriate weather gear on all trips, long or short. Tell someone where you're going and when you'll return.
- Yield to pedestrians and horses. Watch for loose gravel on road curves and hills.
- Stay away from cliff edges. Watch for wet rocks and loose gravel near cliff edges and shorelines.
- Drive safely, wear seat belts, and don't drink and drive. The speed limit is 35 mph in Acadia, unless otherwise posted.
- Please do not bring pets on ranger-led programs. When in Acadia, all pets must be on a leash no longer than six feet for the protection of your pet, people, and wildlife.
- When tide pooling, keep three points of contact with the ground, rocks are slippery. Watch for changes in waves and tides.

August Sunrise & Sunset Chart				
Date		Sunrise	Sunset	Moon
August 1	Wed	5:20	7:58	Full
9	Thur	5:29	7:48	Quarter
17	Fri	5:38	7:36	New
24	Fri	5:46	7:24	Quarter
31	Fri	5:54	7:12	Full

Activités d’interprétation
en français

Gratuites et sans réservation
Découvrez Acadia! (1½ heures; facile; randonnée guidée; 1 kilomètre) Apprenez pourquoi les voyageurs du monde entier sont attirés depuis des siècles par cette région. Rendez-vous au stationnement du sommet du Mont Cadillac. le mardi à 15h.30
Sur la côte rocheuse (1½ heures; facile; randonnée guidée; 3 kilomètres) Faisons une promenade sur la partie de la côte la plus pittoresque du parc. On suit le chemin jusqu'à la Pointe Otter, traversant la vieille forêt coniférienne. Rendez-vous au stationnement du Mont Gorham. le mercredi à 10h.00

Wednesdays	Thursdays
7:00 Acadia’s Birds	9:00 Headland Hike
8:45 Baker Island Cruise	9:00 The Missing Mansion
9-2 Hawk Watch*	9-2 Hawk Watch*
9:00 Stream Team	9:30 Take a Hike
10:00 Sur la côte rocheuse	10:00 Bike with a Ranger
10:00 Islesford Scenic Cruise	10:00 Botany Basics
10:30 Secrets of the Summit	10:00 Islesford Scenic Cruise
10:30 Touch Tank for kids	10:30 Secrets of the Summit
11:30 Cadillac Summit Walk	10:30 Small World
Varies Cultural Connections	10:30 Touch Tank Talk
Varies Tidepool School	11:30 Cadillac Summit Walk
2:00 Frenchman Bay Cruise	Varies Intertidal Investigation
2:00 Ocean Path Walk	12:30 Read with a Ranger
2:00 Touch Tank Talk	1:30 Dive-In Theater Cruise
2:30 Animal Tales	2:00 Le Rêve de Rockefeller
2:30 Beech Mountain Hike	2:00 Frenchman Bay Cruise
3:00 Wild Things	2:00 Ocean Path Walk
8:30 Blackwoods Late Show	2:00 Touch Tank for kids
8:30 Seawall Late Show	2:30 Animal Tales
	7:30 Seawall Early Show
	8:30 Blackwoods Late Show
	9:00 Stars Over Sand Beach

* Hawk Watch begins August 19th

August Tide Chart					
		High Tide		Low Tide	
Date		AM	PM	AM	PM
Aug 1	Wed	10:44	11:00	4:33	4:48
2	Thur	11:35	11:51	5:24	5:40
3	Fri	--	12:23	6:12	6:29
4	Sat	12:39	1:08	6:58	7:17
5	Sun	1:26	1:53	7:42	8:04
6	Mon	2:12	2:37	8:26	8:51
7	Tues	2:58	3:22	9:10	9:39
8	Wed	3:46	4:08	9:56	10:30
9	Thur	4:36	4:58	10:44	11:23
10	Fri	5:30	5:50	11:36	--
11	Sat	6:27	6:45	12:19	12:30
12	Sun	7:24	7:40	1:16	1:26
13	Mon	8:19	8:32	2:10	2:20
14	Tues	9:09	9:20	3:01	3:10
15	Wed	9:54	10:05	3:46	3:55
16	Thur	10:35	10:46	4:28	4:38
17	Fri	11:14	11:27	5:07	5:19
18	Sat	11:53	--	5:45	6:00
19	Sun	12:08	12:32	6:24	6:42
20	Mon	12:50	1:14	7:04	7:27
21	Tues	1:35	1:59	7:47	8:15
22	Wed	2:24	2:47	8:34	9:08
23	Thur	3:17	3:41	9:26	10:05
24	Fri	4:15	4:40	10:23	11:08
25	Sat	5:19	5:44	11:26	--
26	Sun	6:27	6:51	12:51	12:34
27	Mon	7:35	7:58	1:23	1:42
28	Tues	8:39	9:00	2:27	2:46
29	Wed	9:37	9:56	3:25	3:44
30	Thur	10:29	10:48	4:18	4:37
31	Fri	11:16	11:35	5:06	5:25

Data courtesy of the National Oceanic and Atmospheric Administration’s national ocean service. Both tide and sunrise/sunset times are for Bar Harbor. Adjustments for other locations or elevations may be necessary.

Accessibility

Accessible destinations and facilities are detailed in the Access Guide, a free publication available at Acadia's information centers, the Entrance Station, and online at: **www.nps.gov/acad/planyourvisit/accessibility.htm**

Assistive listening devices (ALDs) are available for use by visitors with limited hearing. For reservations of ALDs, call 207-288-8832.

Le Rêve de Rockefeller (2 heures; facile; randonnée guidée) Ces chemins, les “carriage roads” qui pénètrent les forêts et les montagnes du parc national sont le don et le rêve de John D. Rockefeller, Jr. Découvrez les ponts en granit et les belles vues. Ecoutez les histoires de cette famille et de leur rôle ici à Acadia. Rendez-vous au stationnement du Mont Parkman, Rte 198/3 en août seulement. le jeudi à 14h.

Fridays	Saturdays
8:00 Acadia’s Birds-Beginners	8:45 Baker Island Cruise
8:00 Focus on Acadia	9-2 Hawk Watch*
8:45 Baker Island Cruise	9:30 Mountain Mysteries
9:00 Carriage Road Walk	10:00 Islesford Scenic Cruise
9-2 Hawk Watch*	10:30 Secrets of the Summit
9:30 Super Sand Sleuths	10:30 Touch Tank for kids
10:00 Islesford Scenic Cruise	11:30 Cadillac Summit Walk
10:30 Secrets of the Summit	2:00 Frenchman Bay Cruise
10:30 Touch Tank for kids	2:00 Ocean Path Walk
11:30 Cadillac Summit Walk	2:00 Touch Tank Talk
Varies Tidepool School	2:30 Animal Tales
2:00 Frenchman Bay Cruise	2:30 Beech Mountain Hike
2:00 Ocean Path Walk	3:00 Wild Things
2:00 Touch Tank for kids	8:30 Blackwoods Late Show
2:30 Animal Tales	
3:00 Wild Things	
Varies Knowing the Night	
8:30 Blackwoods Late Show	
8:30 Seawall Late Show	

Sundays
7:00 Acadia’s Birds
9:00 Headland Hike
9-2 Hawk Watch
10:00 Islesford Scenic Cruise
10:30 Secrets of the Summit
10:30 Small World
11:30 Cadillac Summit Walk
Varies Tidepool School
2:00 Frenchman Bay Cruise
2:00 Ocean Path Walk
2:30 Animal Tales
3:00 Wild Things
8:30 Blackwoods Late Show
8:30 Seawall Late Show

Program Descriptions

When required, make reservations or pay fees no more than three days before the program date at Halls Cove Visitor Center or call 207-288-8832.

Walks, Talks, & Hikes

Acadia’s Birds

(2-3 hours; easy walk and drive; Sun/Wed, Fri-Beginners) Join a birding caravan to find, identify, and discuss some of Acadia’s most fascinating migrants and residents. Bring binoculars. Reservations required. Ask about accessibility.

Beech Mountain Hike

(3 hours; moderate to strenuous 2-mile hike; Wed/Sat) Uncover the wilds of the island’s west side while hiking through lichen-draped forests and steep, rocky outcrops. Beech Mountain parking area – Southern end of Beech Hill Road off Route 102.

Behind the Scenes

(duration and activities vary; Mon) Explore Acadia with rangers and get a first-hand look at some of the park’s secrets found off the beaten path. Topics and times vary each week. Reservations required. Ask about accessibility.

Bike with a Ranger

(3 hours; moderate 8-11 mile ride; Thu) Fee: \$15 adults, \$10 ages 12–16. Like a guided hike, but on a bike! Explore the park’s carriage roads, stone bridges, and scenic views from a different perspective at a comfortable pace. For adults and youth 12 and older. Bring your own bike (rentals available in local communities), water, snack/lunch, and helmet. Reservations required.

Botany Basics

(1½ hours; easy 1½-mile walk; Mon/Thu) Meet a few of Acadia’s 1000+ species of wildflowers, trees, and other plants living at the ecological heart of the park. Sieur de Monts Nature Center – intersection of Route 3 and Park Loop Road south of Bar Harbor.

Cadillac Summit Walk

(1 hour; easy 1/2-mile walk; daily) Enjoy views from atop the highest point on the eastern seaboard and gain a new perspective on Acadia’s beauty. Cadillac Summit parking area – Top of Cadillac Mountain.

Carriage Road Walk

(2 hours; easy 1½-mile walk; Mon/Fri) Follow tree-lined carriage roads to beautiful stone bridges and explore the stories behind John D. Rockefeller, Jr’s gift to Acadia. Parkman Mountain parking area – Route 3/198 north of Northeast Harbor.

Carroll Homestead Open House

(10am –1pm; drop in anytime; Tue) Visit an 1800s farm home, walk the grounds and play pioneer games. Imagine what life was like for the families that lived here. A ranger will be available to answer questions. Bring a leave-no-trace picnic if you want. Carroll Homestead – Route 102 south of Somesville.

Focus on Acadia

(3 hours; easy walk and drive; Fri) Bring your camera—digital or film—and take away valuable tips and techniques that will improve your ability to capture Acadia’s unique beauty. May include travel to various points in the park. Reservations required.

The French Connection

(45 minutes; talk; Tue) Why are so many places in the park named for the French? Hear adventurous stories of early explorers and colonists who sailed to “Acadie” and left their mark on more than just the map. Sieur de Monts Nature Center – intersection of Route 3 and Park Loop Road south of Bar Harbor.

Hawk Watch

(9-2; drop in anytime; daily) Begins August 19th. Daily, weather permitting, join rangers and volunteers at the perfect vantage point to learn about raptor migration and assist in counting and identifying birds of prey as they fly by. Cadillac North Ridge Trail—200 easy yards from the Cadillac Summit parking area.

Headland Hike

(3 hours; moderate, rocky 2-mile hike; Sun/Thu) Learn how to read the geologic and cultural story of Acadia’s past, written within the park’s dramatic landscape. Sand Beach parking area – Park Loop Road south of Entrance Station.

Intertidal Investigation

(2 hours; walk; Mon/Thu; tide dependent) Fee: \$10. Take an in-depth look at the fascinating inhabitants and complex issues surrounding Acadia’s tidepools. For adults and youth 13 and older. Reservations required.



The Missing Mansion

(1½ hours; easy 1/2-mile walk; Mon/Thu) Explore the site of George Dorr’s former mansion. Look for clues of his estate while learning about the man who helped create our national park. Compass Harbor parking area – Route 3 one mile south of Bar Harbor. Look for orange cones.

Ocean Path Walk

(2 hours; easy to moderate 2-mile walk; daily) Discover stories of history and nature along the strikingly scenic Otter Cliff section of the Ocean Path. Gorham Mountain parking area – Park Loop Road south of Thunder Hole.

Secrets of the Summit

(30 minutes; easy walk; daily) Investigate the historic past of the park’s highest peak. Cadillac South Ridge trailhead – Near Cadillac Mountain Summit Center.

Touch Tank Talk

(45 minutes; talk; Wed/Thu/Sat) Learn about tidepool creatures and how to safely visit their homes along the shore. College of the Atlantic Dorr Museum of Natural History – Route 3 north of Bar Harbor.

Evening Programs

There’s a lot to experience in the park after dark!

Blackwoods and Seawall Shows

(1 hour; amphitheater talk) Check campground bulletin boards or the visitor center for a complete listing of times and topics for campground evening programs, including special activities for Jr. Rangers. Parking areas near the amphitheaters accommodate non-campers. Blackwoods Campground – Route 3 south of Otter Creek. Seawall Campground – Route 102A south of Southwest Harbor.

Knowing the Night

(2 hours; easy 1-mile walk; Mon/Fri) Fee: \$10 adults, \$5 ages 8–12. Challenge your senses and experience the mystery and intrigue of the night world. For adults and children 8 and older. Reservations required.

Stars Over Sand Beach

(45 minutes; talk; Tue/Thu) Sit back and gaze at Acadia’s amazing night sky, weather permitting, while learning about stories and science connected to the stars. Dress warmly and please minimize flashlight use to preserve night vision. Meet on Sand Beach – Park Loop Road south of Entrance Station.

Boat Cruises

Rangers interpret the park from four of the many commercial boats in the area. Make reservations with boat operators. Wear warm clothing and arrive 30 minutes before departure. Ask boat operators about accessibility and details about other cruises offered.

Baker Island Cruise

(4½ hours; Tue/Wed/Fri/Sat) Spot seabirds and marine mammals as we view Acadia’s cliffs and beaches up close. Explore beautiful Baker Island on a moderate hike to view a lighthouse and spectacular geology. Pack a lunch! Harbor Place, 1 West Street, Bar Harbor. Fee: \$46 adults, \$27 children 6-14, \$9 children 5 and under. For reservations call 207-288-2386.

Dive-In Theater Boat Cruise

(3 hours; Tue/Thu) Be on the lookout for wildlife above and below the surface of Frenchman Bay. Watch real-time underwater video as a diver scours the ocean floor for marine life to bring aboard the boat for hands-on exploration. College of the Atlantic Dock. Fee: \$45 adults, \$40 seniors (60+), \$35 ages 5-11, \$20 ages under 5. For reservations call 800-979-3370 or international 212-209-3370.

Frenchman Bay Cruise

(1½-2 hours; daily) Climb aboard a majestic 151-foot, four-masted schooner and hoist the sails in search of wildlife and history. Bar Harbor Inn Pier. Fee: \$37.50 adults, \$35 seniors (65+), \$27.50 ages 6–11, \$5 ages 2–5, infants free. Group rates (15 or more) available. For reservations call 207-288-4585.

Islesford Scenic and Historic Cruise

(2½ hours hours; daily) Discover the enduring connections between people and the sea with a visit to the Islesford Historical Museum on Little Cranberry Island. Along the way, cruise by wildlife hotspots and explore the scenic fjord of Somes Sound. Municipal Pier, Northeast Harbor. Fee: \$28 adults, \$26 seniors (65+), \$18 ages 5-12, \$7 ages under 5, infants free. For reservations call 207-276-5352.



Cultural Connections

(Drop in anytime; demonstrations and performances; Wednesday)

Come meet a local Native American artist and discover cultural and artistic traditions. In case of inclement weather, demonstrations will take place at the downtown Abbe Museum at 26 Mount Desert Street, Bar Harbor. Co-sponsored by the Abbe Museum 207-288-3519.

- **Passamaquoddy Fancy Basket Demonstration**
August 1, 11am-3pm, Sieur de Monts
- **Nipmuc Flute Playing**
August 8, 6:30-8:15pm, Blackwoods Campground Amphitheater
- **Passamaquoddy Birch Bark Basket Demonstration**
August 15, 11am-3pm, Sieur de Monts
- **Passmaquoddy Birch Bark Canoe Exhibit**
August 22, 11am-3pm, Jordan Pond House Lawn
- **Passamaquoddy Porcupine Quill Work Demonstration**
August 29, 11am-3pm, Sieur de Monts

Children’s Programs

Children must be accompanied by an adult. Junior Ranger ceremonies for completion of activity books will occur after Animal Tales and Wild Things. Junior Ranger activity books are available at the visitor center, nature center and campgrounds.

Animal Tales

(30 minutes; talk; daily) Meet some of Acadia’s fuzzy, furry, or funny critters through stories and activities. Topics vary by day. For ages 6 and younger. Halls Cove Visitor Center – Route 3 north of Bar Harbor.

Mountain Mysteries

(2 hours; moderate 1-mile hike; Tue/Sat) Hike to the top of one of Acadia’s mountains and unearth its geologic secrets along the way. Wear closed-toe, non-skid shoes. For ages 7 and older. Bubble Rock parking area – Park Loop Road south of Bubble Pond. Bus stop on request.

Read with a Ranger

(30-45 minutes; story time; Thu) Listen to one or more classic children’s stories about the amazing wildlife and nature surrounding us. Bring your lunch if you like. For ages 5 and younger. Sieur de Monts Nature Center – intersection of Route 3 and Park Loop Road south of Bar Harbor.

Small World

(1 hour; easy walk; Sun/Thu) Explore nature with a magnifying lens and see Acadia from a different perspective. For ages 4 to 9. Halls Cove Visitor Center – Route 3 north of Bar Harbor.

Stream Team

(2 hours; easy walk; Mon/Wed) There is more to a stream than meets the eye! Using simple equipment, we’ll look for stream invertebrates and learn how they are related to water quality. For ages 9 and older. Reservations required.

Super Sand Sleuths

(1 hour; activity; Mon/Fri) Watch the surf and wiggle your toes in the sand while exploring all of the things that make this beach so unique. For all ages. Sand Beach – Park Loop Road south of Entrance Station.

Take a Hike

(1½ hours; moderate 1-mile hike; Mon/Thu) Lace up your boots, prepare your pack, and learn important tips for fun and safe adventures in the great outdoors. For all ages. Beech Mountain parking area - Southern end of Beech Hill Road off Route 102.

Tidepool School

(2 hours; walk; Sun/Tue/Wed/Fri; tide dependent) Fee: \$10 adults, \$5 ages 5–12. Practice tidepool etiquette and shoreline safety while investigating a part of the park only revealed at low tide. For adults and youth 5 and older. Reservations required.

Touch Tank for Kids

(45 minutes; talk; Tue/Wed/Thu/Fri/Sat) Learn about tidepool creatures and how to safely visit their homes along the shore. For all ages. College of the Atlantic Dorr Museum of Natural History – Route 3 north of Bar Harbor.

Wild Things

(30 minutes; talk and activity; Sun/Mon/Tue/Wed/Fri/Sat) Get ready to get a little wild about some of the amazing things you can find in the park. Topics vary by day. Best for ages 7 and older. Sieur de Monts Nature Center – intersection of Route 3 and Park Loop Road south of Bar Harbor.